

Cross-Party Group Annual Report

Date: 2019

Cross Party Group on Suicide Prevention

1. Group membership and office holders.

Lynne Neagle MS - Chair

Dai Lloyd MS

David Melding MS

Jayne Bryant MS

The secretariat is provided by Samaritans Cymru.

Members: Lynne Neagle MS, Dai Lloyd MS, Jayne Bryant MS, Dawn Bowden MS, Jenny Rathbone MS, Delyth Jewell MS, Angela Burns MS, Alex Simms – Welsh Parliament, Alun Fletcher (SHARE Project Coordinator) Mental Health Matters Wales Ana Laing (Trustee for Wales) Samaritans, Andrea Gray (Mental Health Development Lead for Wales) Public Health Wales, Andrea Prett, Becky Frohwein (Children’s Services Manager) Barnardo’s Cymru, Bleddyn Jones (Station Commander) South Wales Fire and Rescue, Callum Hughes (Policy & Research Officer) Welsh NHS Confederation, Carina Giannuzzi (Mental Health Support Officer) Dyfed Powys Police, Caryl Stock (Project Coordinator) The Amber Project, Ceri Lovell (Senior Nurse – Specialist Child & Adolescent Mental Health) Cardiff and Vale University Health Board, Clair Harvey, Dai Davies (Policy Officer – Wales) Royal College of Occupational Therapists, David Richards (Mental Health Triage Manager) Gwent Police, David Williams (Wales Regional Director) Farming Community Network, Dr Miranda Barber (Consultant Clinical Psychologist) Cardiff & Vale University Health Board, Dr Nicole Burchett (Senior Research and Evaluation Officer) Mental Health Foundation, Eddie Steinson (Media and Communications Officer) Welsh NHS Confederation, Eleri Cabbage (Senior Research & Communications Officer) Welsh Parliament, Emma Gooding (Policy & Communications Officer) Samaritans Cymru, Emma Kneebone (Bereavement Services Manager) 2 Wish Upon A Star, Frederick Hottinger (Project Coordinator - Men’s Sheds) Hafan Cymru, Gareth Davies (Executive Director) Tir Dewi, George Watkins (Admin and Communications Officer) Welsh Parliament, Geraint Davies (Substance Misuse Reduction Coordinator) RCTCBC/South Wales Police, Gethin Matthews-Jones (Head of Devolved Nations - Wales) Royal College of Paediatrics and Child Health, Glenn Page (Senior Policy and Campaigns Officer) Mind Cymru, Hannah Coyle (Technical Clerk - Safety) Network Rail, Ian Johnson (Manager, Children and Young People's Mental Health) Mind Cymru, Janette Bourne, (Director) Cruse Bereavement Care Cymru, Jayne Bell (Lead Nurse – Adult Mental Health) Cardiff & Vale University Health Board, Jen Dafin Davies (Chair PSC Cymru) Psychologists for Social Change – South Wales, Kate Heneghan (Head in Wales) Papyrus, Laura Frayne (Assistant to Executive Director for Wales) Samaritans, Laura Havens (Policy Officer) Hafal, Laura Tranter (Community Relationship and Engagement Lead) Adverse Childhood Experiences Support Hub, Leann Saunders (Detective Sergeant - Public Protection Department) South Wales Police, Lisa Hammett, Margaret Jones (Volunteer) Samaritans, Mark Smith (Managing Director) 66 99 Project, Meryl James (office support to Julie Morgan MS) Welsh Parliament, Michaela Moore (Director) Mental Health Matters Wales, Nicola Abraham (Project Manager and Founder) The Jacob Abraham Foundation, Nicola Davies (Senior Coastal Operations Office/Vice Chair) HM Coastguard/Water Safety Wales, Nikki Jones

(Founder) The Manon Jones Foundation, Paul Owen (Disability Employment Advisory) Department of Work and Pensions, Peter Thomas (Force Advisor on Mental Health) South Wales Police, Professor Ann John (Clinical Professor of Public Health and Psychiatry) Swansea University, Professor Keith Lloyd (Chair) Royal College of Psychiatrists, Rachel Littler (Technical Clerk – Safety) Network Rail, Rebecca Frohwein (Practice Leader) Hafal, Rebecca Jackson (Business Development Manager) Suicide Bereavement UK, Richard Donald Lloyd, Rob Williams (Director – Cymru) National Association of Headteachers, Rob Palmizi (Public Affairs Officer – Wales) Citizens Advice Cymru, Robert Visintainer (Men’s Shed’s Project Manager) Hafan Cymru, Ruth Coombs (Head of Wales) Equality and Human Rights Commission, Sarah Keefe (Policy Officer) Office of Police & Crime Commissioner for Gwent, Sarah Stone (Executive Director for Wales) Samaritans, Sarah Willis (Head of Business Development) Platform, Simon Jones (Head of Policy & Influencing) Mind Cymru, Siobhan Corria (Head of Inclusion) Action for Children, Steve Siddall (RNLI Community Safety Volunteer) RNLI Penarth, Tom Dyer (‘Activate your life’ lead) Tenovus Cancer Care, Victoria Hage (Programme Support Officer) Welsh NHS Confederation, William Adams (Improvement Manager - 1000 lives) Public Health Wales.

2. Previous Group Meetings since the last AGM.

Meeting 1.

Meeting date: Tuesday 2nd July 2019

Attendees: Lynne Neagle MS (Chair), David Melding MS, Dai Lloyd MS, Jayne Bryant MS, Sarah Stone (Executive Director for Wales) Samaritans, Emma Gooding (Policy & Communications Officer) Samaritans Cymru, Laura Frayne (Assistant to Executive Director for Wales) Samaritans Cymru. Ana Laing (Trustee for Wales) Samaritans, Andrea Gray (Mental Health Development Lead for Wales) Public Health Wales, Bleddyn Jones (Station Commander) South Wales Fire & Rescue, Caryl Stock (Project Coordinator) The Amber Project, Clair Harvey, Dai Davies (Policy Officer) Royal College of Occupational Therapists, David Richards (Mental Health Triage Manager) Gwent Police, David Williams (Wales Regional Director) Farming Community Network, Paul Owen (Disability Employment Advisory) Department of Work and Pensions, Dr Miranda Barber (Consultant Clinical Psychologist) Cardiff & Vale University Health Board, Dr Nicole Burchett (Senior Research and Evaluation Officer) Mental Health Foundation, Eddie Steinson (Media and Communications Officer) Welsh NHS Confederation, Emma Kneebone (Bereavement Services Manager) 2 Wish Upon A Star, Gareth Davies (Executive Director) Tir Dewi, Gethin Matthews-Jones (External Affairs Manager, Wales) Royal College of Paediatrics and Child Health, Hannah Coyle (Technical Clerk - Safety) Network Rail, Janette Bourne, (Director) Cruse Bereavement Care Cymru, Jayne Bell (Lead Nurse – Adult Mental Health) Cardiff & Vale University Health Board, Jen Dafin Davies (Chair PSC Cymru) Psychologists for Social Change – South Wales, Kate Heneghan (Head in Wales) Papyrus, Laura Tranter (Community Relationship and Engagement Lead) Adverse Childhood Experiences Support Hub, Margaret Jones (Volunteer) Samaritans, Nicola Abraham (Project Manager and Founder) Jacob Abraham Foundation, Professor Ann John (Clinical Professor of Public Health and Psychiatry) Swansea University, Professor Keith Lloyd (Chair) Royal College of Psychiatrists, Rebecca Frohwein (Practice Leader) Hafal, Rebecca Jackson (Business Development Manager) Suicide Bereavement UK, Rob Palmizi (Public Affairs Officer – Wales) Citizens Advice Cymru, Rob Williams (Director – Cymru) National Association of

Headteachers, Ruth Coombs (Head of Wales) Equality and Human Rights Commission, Simon Jones (Head of Policy & Influencing) Mind Cymru, Tom Dyer ('Activate your life' lead) Tenovus Cancer Care.

Summary of issues discussed:

This was the first meeting of the group. The formal process for establishing the group was discussed and Lynne Neagle MS was elected as Chair following a vote and Samaritans Cymru were confirmed as secretariat. The above attendees were confirmed as members of the group including the membership of Dai Lloyd MS, David Melding MS and Jayne Bryant MS giving the group cross-party representation.

The Health, Social Care and Sport Committee's Everybody's Business report on suicide prevention was discussed along with the response to the report from Welsh Government. The group discussed what aims should be for the group going forward and the following aims were suggested:

- Identifying the contextual nature of suicide, including the impact of societal factors such as socioeconomic disadvantage
- Identifying post-vention and collaborative approaches to the support provided to those bereaved by suicide
- That the group should be aware of its role as a cross party group and look at the most effective examples of such groups making a positive contribution. There should be a programme of work and a focus. The group is a way of informing all parties of the issue and could produce reports on areas of concern as well as provide scrutiny of progress on government commitments.

Members suggested focussing on the following areas of work the group should focus on:

- The effect suicide has on schools, colleges and workplaces and improving support for those who have witnessed a suicide or found someone who has taken their own life.
- The stigma surrounding suicide
- Improvements in sharing of information and best practice
- The link between substance misuse and suicide
- An adequate and coordinated first response to those in distress (Including GPs and A&E)
- Social media, including cyberbullying, and the impact the online environment can have on bereaved families
- The adverse effects of alienation and social isolation on individuals and their role in increasing suicide risk
- Men and young people as high-risk groups
- Lack of support for those bereaved by suicide
- Improving prevention surrounding 'cluster' or 'copycat' suicides
- Training for GP's on how to respond to people in distress and how to signpost
- Scrutiny of what action is being taken on recommendations set out in Everybody's Business report
- The opportunities of the new curriculum
- The link between poverty and suicide
- Improved patient care for those in crisis.
- Detox programmes and regulating the associated safety needs
- Rural communities and farmers as a high-risk group
- Improving a preventative approach through limiting access to means, involving the

- engineering industry
- The implications of an ageing population on suicide risk

Meeting 2.

Meeting date: Tuesday 22nd October 2019

Attendees: Lynne Neagle MS (Chair), David Melding MS, Dai Lloyd MS, Jayne Bryant MS, Dawn Bowden MS, Sarah Stone (Executive Director for Wales) Samaritans, Emma Gooding (Policy & Communications Officer) Samaritans Cymru, Laura Frayne (Assistant to Executive Director for Wales) Samaritans Cymru. Alun Fletcher (SHARE Project Coordinator) Mental Health Matters Wales, Andrea Prevett, Callum Hughes (Policy & Research Officer) Welsh NHS Confederation, Carina Giannuzzi (Mental Health Support Officer) Dyfed Powys Police, Ceri Lovell (Senior Nurse – Specialist Child & Adolescent Mental Health) Cardiff and Vale University Health Board, David Richards (Mental Health Triage Manager) Gwent Police, Eleri Cabbage (Senior Research & Communications Officer) Welsh Parliament, Emma Kneebone (Bereavement Services Manager) 2 Wish Upon A Star, Frederick Hottinger (Project Coordinator - Men’s Sheds) Hafan Cymru, George Watkins (Admin and Communications Officer) Welsh Parliament, Geraint Davies (Substance Misuse Harm Reduction Co-ordinator) RCT County Borough Council, Glenn Page (Senior Policy and Campaigns Officer) Mind Cymru, Janette Bourne, (Director) Cruse Bereavement Care Cymru, Kate Heneghan (Head in Wales) Papyrus, Lisa Hammett, Mark Smith (Managing Director) 66 99 Project, Meryl James (support staff to Julie Morgan MS) Welsh Parliament, Michaela Moore (Director) Mental Health Matters Wales, Nicola Abraham (Project Manager and Founder) The Jacob Abraham Foundation, Nikki Jones (Founder) The Manon Jones Foundation, Paul Owen (Job Centre Plus) DWP, Peter Thomas (Force Advisor on Mental Health) South Wales Police, Professor Keith Lloyd (Chair) Royal College of Psychiatrists, Rachel Littler (Technical Clerk – Safety) Network Rail, Richard Donald Lloyd, Robert Visintainer (Men’s Shed’s Project Manager) Hafan Cymru, Sarah Keefe (Policy Officer) Office of the Gwent Police and Crime Commissioner, Sarah Stone (Executive Director for Wales) Samaritans, Sarah Willis (Head of Business Development) Platfform, Siobhan Corria (Head of Inclusion) Action for Children, Steve Siddall (RNLI Community Safety Volunteer) RNLI Penarth, William Adams (Improvement Manager - 1000 lives) Public Health Wales.

Summary of issues discussed:

The focus of the meeting was suicide bereavement and how to improve services for those bereaved by suicide. There was a guest speaker, Angela Samata, presenter of BBC1 documentary ‘Life After Suicide’ and Ambassador for Survivors of Bereavement by Suicide (SOBS) who discussed her experiences and the importance of lived experience being incorporated into service design.

Lynne suggested an action for the group may be to table a Cross-Party debate in the Senedd on suicide bereavement services and it was agreed that this will be done once the University of Manchester survey results are published in November so the results can be drawn upon for the debate.

Meeting 3.

Meeting date: 28th January 2020

Attendees: Alex Simms – Welsh Parliament, Ana Laing (Chair of Samaritans Cymru Board) Samaritans, Becky Frohwein (Children’s Services Manager) Barnardo’s Cymru, Bleddyn Jones (Station Commander) South Wales Fire and Rescue, Dai Lloyd MS, Dai Davies (Policy Officer – Wales) Royal College of Occupational Therapists, David Williams (Wales Regional Director) Farming Community Network, Geraint Davies (Substance Misuse Reduction Coordinator) RCTCBC/South Wales Police, Gethin Matthews-Jones (Head of Devolved Nations) Royal College of Paediatrics and Child Health, Ian Johnson (Manager, Children and Young People’s Mental Health) Mind Cymru, Janette Bourne (Director) Cruse Bereavement Care Cymru, Jenny Rathbone MS, Kath Heneghan (Head in Wales) Papyrus, Laura Frayne (Assistant to Executive Director for Wales) Samaritans, Laura Havens (Policy Officer) Hafal, Laura Tranter (Community Relationship and Engagement Lead) Adverse Childhood Experiences (ACE) Support Hub, Leeann Saunders (Detective Sergeant - Public Protection Department) South Wales Police, Lisa Hammett, Liz Williams (Policy and Communications Officer) Samaritans Cymru, Lynne Neagle MS, Meryl James (Support staff to Julie Morgan MS) Welsh Parliament, Nicola Abraham (Project Manager and Founder) The Jacob Abraham Foundation, Nicola Davies (Senior Coastal Operations Office/Vice Chair) HM Coastguard/Water Safety Wales, Nikki Jones (Founder) Manon Jones Foundation, Paul Owen (Job Centre Plus) DWP, Professor Ann John (Clinical Professor of Public Health and Psychiatry) Swansea University, Rob Palmizi (Public Affairs Officer – Wales) Citizens Advice Cymru, Sarah Keefe (Policy Officer) Office of Police & Crime Commissioner for Gwent, Sarah Stone (Executive Director for Wales) Samaritans, Sarah Wills (Head of Business Development) Platform, Steve Siddall (RNLI Community Safety Volunteer) RNLI Penarth, Victoria Hage (Programme Support Officer) Welsh NHS Confederation.

Summary of issues discussed:

The meeting focused on the recent Child Death Review. Professor Ann John gave a presentation on the findings of the Child Death Review Programme Thematic Review; Deaths of Children and Young People through Probable Suicide 2013 – 2017. Kate Heneghan, Papyrus Head in Wales also gave a presentation on the work of Papyrus in Wales and their response to the Child Death Review.

It was agreed that a letter would be sent from the group to Welsh Government to ask them to respond to the Child Death Review.

Meeting 4

Meeting date: Tuesday 28th April 2020

Attendees: Lynne Neagle MS, Angela Burns MS, Jayne Bryant MS, Delyth Jewell MS, George Watkins (Admin and Communications Officer for Jenny Rathbone MS) Welsh Parliament, Eleri Cabbage (Senior Research and Communications Officer for Lynne Neagle MS) Sarah Stone (Executive Director for Wales) Samaritans, Liz Williams (Policy & Communications Officer) Samaritans Cymru Professor Ann John (Clinical Professor of Public Health and Psychiatry) Swansea University, Laura Frayne (Assistant to Executive Director for Wales) Samaritans Cymru.

Summary of issues discussed:

This meeting was attended by Members of the Senedd, Professor Ann John and the secretariat Samaritans Cymru which took place via video conference. Professor Ann John gave a presentation to the group in relation to Covid-19 and suicide risk. Discussion took place about the work being done by Public Health Wales and Swansea University to look at the impact of Covid-19 on mental health. The group discussed how already at-risk groups may be impacted during this time.

It was agreed that a letter would be written to Welsh Government to raise that mental health needs to be considered in all plans for Covid-19.

3. Professional lobbyists, voluntary organisations and charities with whom the Group has met during the preceding year.

None

Annual Financial Statement.

[DATE]

Cross Party Group on Suicide Prevention

Name of Chair: Lynne Neagle MS

Name of Secretary and organisation: Laura Frayne, Samaritans Cymru

Group's Expenses.	Lunches for 3 meetings and hotel for a guest speaker	1280.70
Costs of all goods.	No goods purchased.	£0.00
Benefits received by the group or individual Members from outside bodies.	No benefits received.	£0.00
Any secretariat or other support.	No financial support received.	£0.00
Services provided to the Group such as hospitality.		
All refreshments paid for by Samaritans Cymru.		
Date	Description and name of provider	Cost
2.7.2019	Lunches for meeting - CH & CO Catering Limited	£429.30
21.10.2019	Future Inn hotel booking - overnight stay for guest speaker Angela Samata	£88.20
22.10.2019	Lunches for meeting- CH & CO Catering Limited	£477

28.1.2020	Lunches for meeting - CH & CO Catering Limited	£286.20
Total cost		£1280.70